

## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Catholic Charities of Winona #197501

Goal: Catholic Charities will sustain, across a broad swath of southern Minnesota, a high degree of accessibility, responsiveness, and advocacy for pregnant women and women with babies that is absolutely vital to providing alternatives to abortion.

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For the period/quarter: October 1 – December 31, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide guidance to grant staff. Complete grant forms. Attend required grant meetings. Provide ongoing crisis intervention counseling training.		Monthly staff meetings for licensed staff and individual consults with grant staff. Social workers and support staff report each call on an initial contact form and discuss needs and referral plans as needed. Attended the regional PA Grantee meeting. Implementation of new evaluation plan.	
<b>Outreach</b>	Place pregnancy posters across service area and check on them every three months. Distribute marketing materials to all school counselors, health personnel (doctors, public health) and agencies providing information on pregnancy services. Advertise in bathroom stalls. Distribute marketing folders to hospitals, county social workers, public health, schools etc, that		Staff distributed 113 <u>posters</u> to various locations.  <u>Individual contact</u> was made with staff from 9 different community resource agencies and 2 <u>marketing folders</u> were distributed to staff from these places. Other <u>marketing</u> materials were distributed via mailings and in-person contacts to community resources.  Staff are <u>active members</u> of regularly attend meetings for: Infant Mental Health, Private Adoption Agency Collaborative, Rochester Area Fatherhood Network, Olmsted Co. Homeless Community Network, Maternal, Child and Family Health Partnership, Catholic	

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	<p>include a poster, fact sheet, postcard, facts and myths, and brochures.</p> <p>Handout marketing materials (brochures, pens, sticky notes, magnets and business cards) at all community events and direct contacts.</p> <p>Be available for presentations to local groups.</p> <p>Maintain/update the Catholic Charities website and facebook page.</p> <p>Participate in community events.</p> <p>Internet advertising.</p>		<p>Charities USA, Mankato Community Network, Mankato Homeless Response Team, Steele County Community Services Collaborative, Blue Earth/Nicollet County Networking Group and Blue Earth County Project Community Connect.</p> <p>A <u>presentation</u> was given to Winona Birthright. <u>Booths</u> were displayed at Treasure Island Health Fair and First Free Church Winona. <u>Articles</u> were published in the Diocesan Courier and Social Concerns Newsletter.</p> <p><u>Advertising</u> via bathroom stall ads, Yellow Pages, Facebook, internet and website is on-going and updated as needed.</p>	
<b>Adoption Education</b>	<p>Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services.</p> <p>Catholic Charities social workers will request birthparent(s) complete a self-assessment of needs and concerns.</p> <p>Catholic Charities social workers will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide education and information on adoption options.</p> <p>Catholic Charities social workers</p>	10 - 15	<p>Provided 36 visits to birth parents in order to explore the option of adoption versus parenting and make a plan for their baby and supported their decisions. Assisted the birth parents in being connected to local resources. Provided pre and post placement support.</p>	36

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	<p>will provide counseling support services to placing birthparent(s) pre and post-birth.</p> <p>Catholic Charities social workers will provide counseling support and opportunities to improve family stability and self-sufficiency.</p>			
<b>Education Assistance</b>	<p>Catholic Charities navigators will request birthparent(s) complete an application and show proof of acceptance for secondary education.</p> <p>Catholic Charities navigators will work with birthparent(s) to develop an individual service plan that includes educational and life goals. Provide financial assistance from a pool of donated funds to help pregnant women and women with babies.</p> <p>Catholic Charities navigators will mentor while providing social and emotional support as women attend secondary educational courses.</p> <p>Catholic Charities navigators will assist women who are completing a degree with resume writing, interviewing skills, job search, and employment applications.</p> <p>Catholic Charities navigators will continue to mentor women during</p>	0 - 2	<p>3 visits were provided to a single mother pursuing higher education with an ongoing review of individual service plan goals. Assistance for financial support provided, referrals to community supports given along with social and emotional support as the birth mother attends secondary education courses.</p>	3

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	employment and measure their long-term goals to reach financial stability.			
<b>Financial Assistance</b>	Provide financial assistance from a pool of donated funds to help pregnant women and women with babies. Assist women with the application for financial assistance from other agencies.	20 - 25	Staff worked with 40 birth parents to process their need for financial assistance. Money was utilized for rent, utilities, medical, car and other expenses after participating in financial literacy training. Connected these parents with other resource opportunities and assisted with other financial assistance applications.	40
<b>Hotline</b>	Licensed social workers provide assessments and make referrals to clients 24/7 via our pregnancy information hotline and calls to our offices.	40 - 45	Staff answered 145 calls to our office and 24 hour hotline, responded to 5 contacts that came via email and assisted 4 clients who walked into the office without scheduled appointments, providing assessments and referrals. Out of those contacts, 93 birth parents were eligible for services.	93
<b>Parenting Education</b>	Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services. Catholic Charities social workers will request birthparent(s) complete a self-assessment of concerns and needs. Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services. Catholic Charities social workers will request birthparent(s)	45 - 50	Staff provided 141 visits with birth parents who were making a parenting plan for themselves and their baby and/or were already parenting. Assisted the birth parents in being connected to local resources and provided essential parent education and support in addition to one-on-one financial literacy training and budgeting. Offered monthly parent education classes at three office sites with a total of 13 birth parents attending.	141

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	<p>complete a self-assessment of concerns and needs.</p> <p>Catholic Charities social workers will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide education and information on parenting options.</p> <p>Catholic Charities social workers will provide child safety education which includes safe sleep.</p> <p>Catholic Charities social workers will provide financial literacy education.</p> <p>Catholic Charities social workers will provide a Nurturing Healthy Families monthly education class.</p> <p>Pre-paid need based cards will be provided for completion of classes and bus passes and day care reimbursement will be available.</p> <p>Catholic Charities social workers will provide counseling support services to parenting birthparents pre and post birth to improve family stability and self-sufficiency.</p>			
<b>Pregnancy Education</b>	Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services, including but	35 – 40	Provided pregnancy information and education, including options of adoption and parenting, through 71 visits with birth parents. Assisted the birth parents in being connected to local resources and provided essential pregnancy and parent education and support in addition to one-on-one financial literacy training and	71

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	<p>not limited to prenatal care to promote healthy pregnancy outcomes.</p> <p>Catholic Charities social workers will request birthparent(s) complete a self-assessment of concerns and needs.</p> <p>Catholic Charities will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide pregnancy education and information.</p> <p>Catholic Charities social workers will provide child safety education which includes safe sleep.</p> <p>Catholic Charities social workers will provide financial literacy education.</p> <p>Catholic Charities social workers will provide Nurturing Healthy Families monthly education classes.</p> <p>Pre-paid need based cards will be provided for completion of the classes and bus passes and day care reimbursement will be available.</p> <p>Catholic Charities social workers will provide counseling support to pregnant birthparents pre and post birth to improve family stability and self-sufficiency.</p>		budgeting. Offered monthly education classes at three office sites.	

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<b>Provide Necessary Services to All Clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	25 - 35	In addition to self-assessments completed by clients, staff assessed birth parent needs and provided referrals for pregnancy and/or parenting support and other necessary services to 65 clients. Birth parents were able to self-identify their individual needs and discover opportunities available to them.	65
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	4 - 8	Staff provided assessment and referrals for necessary services only to 13 birth parents who chose not to continue services after initial meetings.	13

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	51
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	51
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	2
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	51

**Challenges:**

**Comments:**